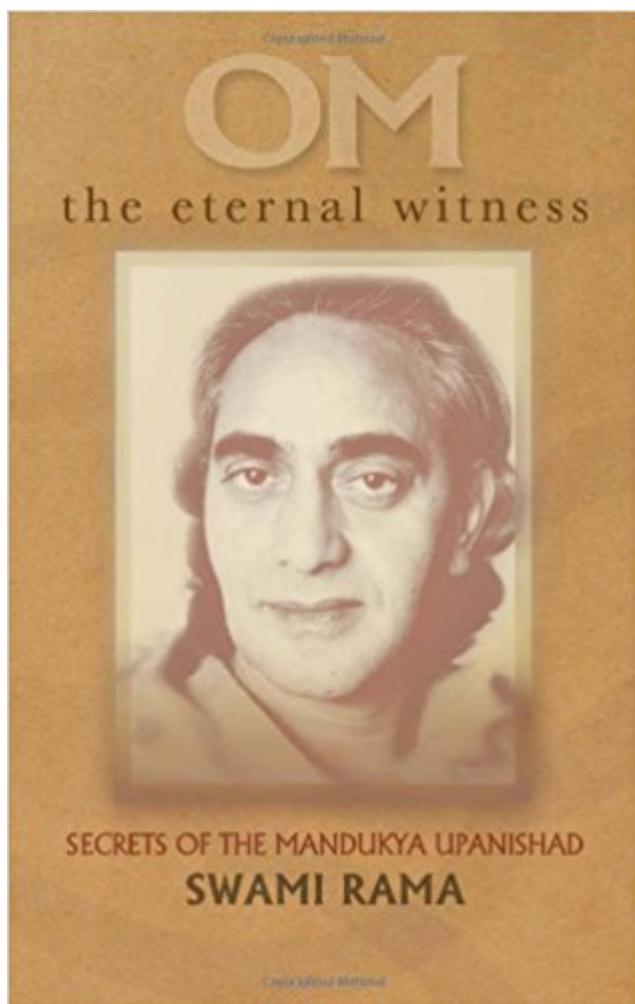


The book was found

Om The Eternal Witness: Secrets Of The Mandukya Upanishad



Synopsis

The Upanishads are called shruti, revelations. Mandukya Upanishad, though the shortest of all Upanishads, is a revered, profound Upnaishad that teaches us about four states of consciousness: the waking, dreaming and sleeping states and Turiya, the fourth state, beyond the first three. In this Upanishad, there is a unique combination of psychology and profound philosophy, a clear exposition of the four states of consciousness.

Book Information

Paperback: 224 pages

Publisher: Lotus Press (September 25, 2007)

Language: English

ISBN-10: 8188157430

ISBN-13: 978-8188157433

Product Dimensions: 5.6 x 0.4 x 8.6 inches

Shipping Weight: 9.1 ounces (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,210,494 in Books (See Top 100 in Books) #60 in Books > Religion & Spirituality > Hinduism > Sacred Writings > Upanishads #2718 in Books > Religion & Spirituality > Other Eastern Religions & Sacred Texts

Customer Reviews

Wonderful book and vivid exposition on the Mandukya Upanishad. OM and its presence in our lives.

My first reading of Swami Rama.

I was in search of the book called " Enlightenment without GOd" and came across this one. I did not read the other one, so cannot compare. BUt this is a publication of Swami Rama's lecture without much editing. Hence there will be some instances where the reader will be thrown off. However, that is very minor compared to the depth, explanation and practical tips this book has to offer to the sincere meditator. Worth reading and understanding.

Great book!

On your above comments: I have both books. Enlightenment Without God is an out-of-print book which refers to a "second volume" on p. 109. It is a concise commentary on the Mandukya

Upanishad with a general Yoga Nidra practicum. I don't know whether OM, The Eternal Witness is the referred-to second volume, but it does go into much greater depth on the Mandukya Upanishad, and has the same Yoga Nidra practicum with the 61-point exercise. It features the OM Kriya practice in Appendix C in great detail. Both books are favorites of mine and I find them inspirational. Yoga Nidra, BTW, is covered in great depth in Path of Fire and Light, Vol. II, Ch. 11, but I saw one comment saying that this appears to be missing from later publications of the book. Mine has a 1988 copyright date.

I changed my mind about this book. The original title for this book when it was previously published was Enlightenment Without God. That was the book that I thought this was when I reviewed it before I received it. That was a much more concise book. This current book is a rambling book. Uninteresting really. Find a copy of the other book and I would like to buy it from you.

[Download to continue reading...](#)

Om the Eternal Witness: Secrets of the Mandukya Upanishad Mandukya Upanishad & Gaudapada's Karika Mandukya Upanishad: OM - The final journey and The final goal... Guatemala: Eternal Spring, Eternal Tyranny Eternal Frontier (The Eternal Frontier Book 1) Eternal Hell: Eternal Book-2 Wisdom of the Rishis: The Three Upanishads: Ishavasya, Kena & Mandukya I Witness: Hard Gold: The Colorado Gold Rush of 1859: A Tale of the Old West (I Witness Novels) Tales : Hindu Upanishad Brihadaranyaka Upanishad Prashna Upanishad: Six Students, Six Metaphysical Questions... Wisdom of the Ancient Sages: Mundaka Upanishad Dialogue With Death: The Spiritual Psychology of the Katha Upanishad The Taittiriya Upanishad: With the commentaries of SANKARACHARYA,SURESVARACHARYA AND SAYANA (VIDYARANYA) Isha Upanishad Heartbeat of the Absolute: Discourses on the Ishavasya Upanishad The Osho Upanishad Taittiriya Upanishad: A Journey from the Gross to the Subtle Katha Upanishad: The Story of Death and the Boy... The Secrets of the Eternal Book: The Meaning of the Stories of the Pentateuch

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)